

# Aspire, Perspire, Nourish Yourself

Wellness Ideas for Everyday Living.

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[www.aspireperspirenourish.com](http://www.aspireperspirenourish.com)

## Chocolate Chunk Cookies

Makes 24 small cookies

### *Ingredients:*

1 1/2 cup	Oats (quick cooking)
1 cup	Sorghum Flour
2 tbsp	Cocoa
4 tbsp	Cane sugar
1/2 tsp	Baking powder
1	Egg, beaten
1 cup	Almond milk
2 tbsp	Coconut oil, melted
1/2 tsp	Vanilla extract
1 tbsp	Apple cider vinegar
3/4 cup	Extra dark chocolate, chopped into small pieces

### *Directions:*

1. In large bowl mix oats, sorghum flour, cocoa, sugar and baking powder.
2. In separate bowl mix egg, almond milk, coconut oil, vanilla extract and apple cider vinegar.
3. Add liquid ingredients to dry ingredients. Lightly mix. Add chocolate and mix until blended.
4. On parchment lined baking sheet scoop out 1 1/2 tablespoon of dough, about 1/2 inch apart. Flatten with back of fork.
5. Bake in 350 degree oven for 20 minutes. Let cool on rack.