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Wellness Ideas for Everyday Living.

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Fresh Papaya Salsa

Can be served alongside fish, chicken, turkey or use as an appetizer with rice crackers, tortilla chips

Ingredients:

1 ripe	tomato, cubed
1 cup	papaya, cubed
1/2 tbsp	lime juice
1/4 tsp	salt
1/4 tsp	black pepper
1/2 tbsp	olive oil
1 tbsp	fresh cilantro, finely chopped
2 green	onions, chopped
1/2	red pepper, finely chopped

Directions:

1. Mix all ingredients together and let sit for about one hour or overnight.