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Wellness Ideas for Everyday Living.

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Chocolate Dipped Apricots

Makes about 35 to 40 pieces

Ingredients:

2.5 oz (70 grams) dark chocolate 70% cacao (we used 2 Lindt Excellence 35 g bars but you can use wafers or chips)
1/4 teaspoon coconut oil
35 to 40 dried apricots
1/8 cup sliced or chopped almonds

Directions:

- 1. Melt chocolate with coconut oil in double boiler or in microwave. If using the microwave, be sure not to overcook chocolate. Stir every 30 seconds until melted.
- 2. Dip apricots in melted chocolate.
- 3. Sprinkle almonds on chocolate covered apricots.
- 4. Lay apricots on parchment paper and let stand at room temperature or in fridge until chocolate hardens.
- 5. Serve at appetizer or dessert.